

INVITATION TO SLTBR ANNUAL MEETING IN NEW YORK



April 17, 2016

Dear Colleagues,

On behalf of the Board of Directors of the Society for Light Treatment and Biological Rhythms (SLTBR), we would like to cordially invite you to the 28th annual SLTBR meeting, 29 June - 1 July 2016, at the New York State Psychiatric Institute, on the campus of Columbia University Medical Center. We hope that you will join us in New York. SLTBR is a congenial group, long dedicated to advancement of the field. We treasure the extensive opportunity for informal and creative interactions at our conference. **Abstract submission is still open for oral and poster presentations at <http://sltbr.org/abstract-submission-2016/>. Students and early career researchers can apply for the J. Christian Gillin Young Investigator Award at <http://sltbr.org/the-sltbr-young-investigator-award-2016/>.**

Symposium topics include:

30 June

0845-1130 **Teaching Course for Newcomers to the Field** – Michael Terman, USA, Chair
Offered in collaboration with the Center for Environmental Therapeutics, www.cet.org.

- Psychological factors in the Etiology and Treatment of Seasonal Depression – Michael Young, USA
- The Biology of Circadian Rhythms – Dan Oren, USA
- How to Set Light and Dark for Personal and Work Schedules - Marijke Gordijn, The Netherlands

1330-1500 **Symposium I – Body Clocks**

- Long-term Consequences of Abnormal Circadian Light: a Question of Epigenetics or Circuits? – Steven Brown, Switzerland
- Clock Genes and Mood Related Behavior – Urs Albrecht, Switzerland
- Development and Identification of the Melatonin-producing Pinealocyte – Martin Rath, Denmark

1 July

0830-1000 **Symposium II – Impact of Light at Night**

- Living in Biological Darkness – Dieter Kunz, Germany
- Light-induced Circadian/Melatonin Modulation of Responsiveness to Cancer Risk and Therapy – David Blask, USA
- Light at Night and Cancer Risk - the Epidemiological Evidence – Eva Schernhammer, USA

1030-1130 **Keynote Address – A Systems Genetics Approach to Understand the Consequences of Sleep Loss** – Paul Franken, Switzerland

1345-1530 **Symposium III – Chronotherapeutics in Bipolar and Treatment Resistant Unipolar Depression**

- Overview of the Field - Francesco Benedetti, Italy
- Lighting Therapy for Bipolar Depression: Findings from a Randomized Controlled Trial, Dosing issues, Managing Emergent Mixed or Manic Symptoms – Dorothy Sit, USA
- Moving Chronotherapeutics into Outpatient Practice – John Gottlieb, USA
- Chronotherapeutics in Unipolar and Treatment Refractory Unipolar Depression – Jonathan Stewart, USA

The full program and registration information are posted at our website, www.sltbr.org. Please contact us with any questions at sltbrinfo@gmail.com.

Sincerely yours,

Klaus Martiny, MD PhD
President, SLTBR
Senior Consultant Psychiatrist, Clinical Associate
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